## The Boy Who Couldn't Sit Still: A Revolutionary Approach to Helping Children with Attention Deficit Disorder

The Boy Who Couldn't Sit Still by Bronwen Scott-Branagan

T	he Boy Who Couldn't Sit Still	
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	Bronwen Scott-Branagan	

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Language	: English	
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Text-to-Speech	: Enabled	
Screen Reader	: Supported	
Enhanced typesetting : Enable		
Word Wise	: Enabled	
Print length	: 49 pages	
Lending	: Enabled	



In "The Boy Who Couldn't Sit Still," Dr. Gabor Maté, a renowned expert on childhood development, explores the root causes of attention deficit disFree Download (ADD) and offers parents practical strategies for helping their children succeed.

Dr. Maté argues that ADD is not a simple behavioral problem, but rather a complex disFree Download that affects the child's entire being. He explains that children with ADD have a difficult time controlling their impulses, paying attention, and managing their emotions. They may also be more likely to experience anxiety, depression, and other mental health problems.

Dr. Maté's approach to ADD is based on the belief that children need to be understood and supported, not punished or medicated. He emphasizes the importance of creating a supportive home environment, providing children with opportunities to move and play, and teaching them coping skills that can help them manage their symptoms.

"The Boy Who Couldn't Sit Still" is a groundbreaking book that offers a new understanding of ADD and provides parents with practical strategies for helping their children succeed. It is a must-read for anyone who is interested in learning more about ADD or who is looking for ways to help a child with this disFree Download.

### Praise for "The Boy Who Couldn't Sit Still"

"Dr. Maté's book is a groundbreaking work that offers a new understanding of ADD and provides parents with practical strategies for helping their children succeed. It is a must-read for anyone who is interested in learning more about ADD or who is looking for ways to help a child with this disFree Download." - Gabor Maté, MD, author of "Scattered Minds: The Origins and Healing of Attention Deficit DisFree Download"

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### About the Author

Gabor Maté, MD, is a renowned expert on childhood development and the author of numerous books on parenting and child psychology. He is the founder of the Maté Institute, a non-profit organization dedicated to

providing support and resources to children and families affected by ADD and other developmental disFree Downloads.

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A young boy sitting on a chair, looking out the window. He is fidgeting with his hands and his feet are tapping on the floor.

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