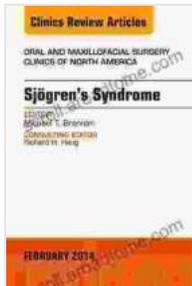


Sjogren Syndrome: An Issue of Oral and Maxillofacial Surgery Clinics - The Clinics



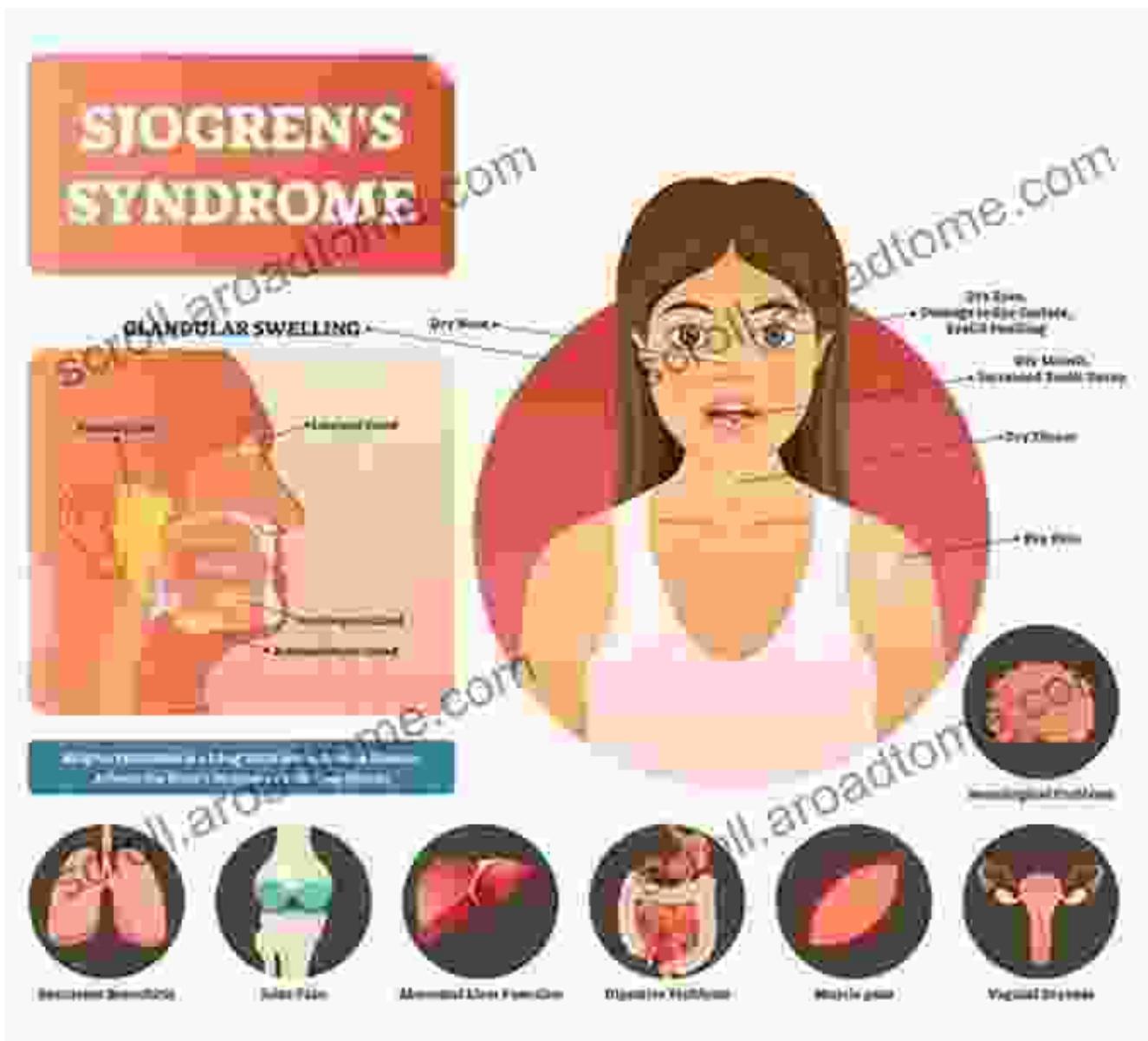
Sjogren's Syndrome, An Issue of Oral and Maxillofacial Surgery Clinics (The Clinics: Surgery Book 26) by Tris Dixon

★★★★★ 5 out of 5

Language : English
File size : 7043 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 121 pages



Sjogren Syndrome (SS) is a chronic autoimmune disease that primarily affects the exocrine glands, leading to dryness of the eyes and mouth. It can also involve other organs, including the skin, joints, kidneys, and lungs. SS is more common in women than men, with an estimated prevalence of 0.5-1% of the population.



Clinical Manifestations

The hallmark symptoms of SS are dry eyes (xerophthalmia) and dry mouth (xerostomia). Xerophthalmia can cause irritation, burning, and blurred vision. Xerostomia can lead to difficulty speaking, swallowing, and chewing. Other symptoms may include:

- Enlarged salivary glands

- Joint pain and stiffness
- Skin rashes
- Fatigue
- Cognitive impairment

Diagnosis

The diagnosis of SS is based on a combination of clinical symptoms and laboratory tests. The American College of Rheumatology (ACR) has established diagnostic criteria, which include:

1. Dry eyes and dry mouth for at least 3 months
2. Positive Schirmer's test or positive rose Bengal staining
3. Positive anti-SSA or anti-SSB antibodies
4. Minor salivary gland biopsy showing focal lymphocytic sialadenitis

Treatment

There is no cure for SS, but treatment can help to manage the symptoms. Treatment options may include:

- **Artificial tears and saliva substitutes:** These can help to relieve the symptoms of dry eyes and mouth.
- **Medications:** Medications such as pilocarpine and cevimeline can help to increase saliva production.
- **Immunosuppressants:** These medications can help to suppress the immune system and reduce inflammation.

- **Surgery:** In some cases, surgery may be necessary to remove enlarged salivary glands or to correct dental problems caused by SS.

Oral and Maxillofacial Implications

SS can have a significant impact on oral and maxillofacial health. The dryness of the mouth can lead to dental problems such as:

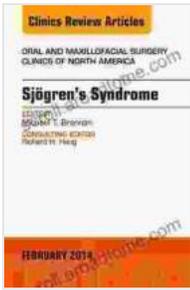
- **Tooth decay:** The lack of saliva can lead to a decrease in the pH of the mouth, which can increase the risk of tooth decay.
- **Gum disease:** The lack of saliva can also lead to a decrease in the flow of antimicrobial peptides, which can increase the risk of gum disease.
- **Oral candidiasis:** The dryness of the mouth can also create a favorable environment for the growth of *Candida albicans*, which can lead to oral candidiasis.

In addition, SS can also affect the temporomandibular joint (TMJ). The dryness of the joint can lead to pain, stiffness, and difficulty chewing.

Sjogren Syndrome is a chronic autoimmune disease that can have a significant impact on oral and maxillofacial health. It is important for oral and maxillofacial surgeons to be aware of the diagnosis and treatment of SS in Free Download to provide the best possible care for their patients.

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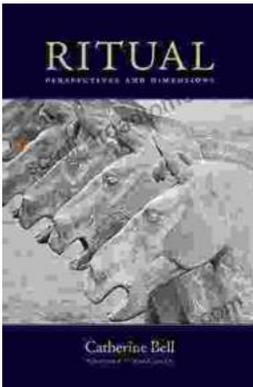
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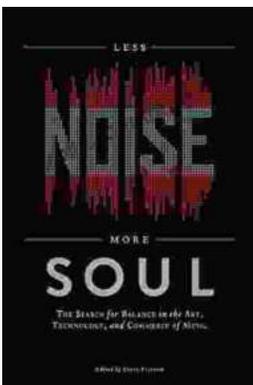
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