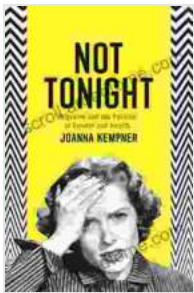


Migraine: The Politics of Gender and Health

Migraine is a debilitating neurological condition that affects millions of people worldwide. It is characterized by severe, throbbing headaches that can last for hours or even days. Migraine can also cause nausea, vomiting, sensitivity to light and sound, and other symptoms.



Not Tonight: Migraine and the Politics of Gender and Health by Joanna Kempner

★★★★☆ 4.8 out of 5

Language : English
File size : 4363 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 262 pages
Lending : Enabled



Migraine is more common in women than men. In fact, women are three times more likely to experience migraine than men. This disparity is likely due to a combination of biological and social factors.

On the biological side, women are more likely to have certain genetic mutations that increase their risk of developing migraine. They are also more likely to have hormonal changes during the menstrual cycle that can trigger migraines.

On the social side, women are more likely to experience stress and anxiety, which can also trigger migraines. They are also more likely to be responsible for childcare and other unpaid labor, which can leave them with less time to rest and take care of themselves.

The experience of migraine is often shaped by gender and health politics. For example, women with migraine are often dismissed as being "hysterical" or "crazy." They may also be told that their pain is "all in their head." This can lead to women feeling isolated and ashamed of their condition.

In addition, women with migraine often have difficulty accessing appropriate medical care. They may be misdiagnosed or undertreated. They may also be prescribed medications that are not effective or that have side effects that are difficult to tolerate.

The politics of gender and health have a profound impact on the experience of migraine sufferers. This book explores the ways in which these factors shape the diagnosis, treatment, and management of migraine. It also provides recommendations for how to improve the lives of people with migraine.

Praise for Migraine: The Politics of Gender and Health

"This book is a must-read for anyone who wants to understand the impact of gender and health politics on migraine sufferers. It is a powerful and important work that will help to raise awareness of this debilitating condition." - Suzanne O'Brien, author of The Migraine Relief Diet

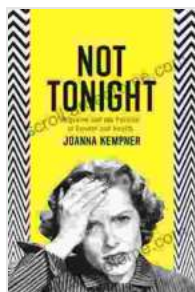
"This book is a valuable resource for anyone who is interested in the intersection of gender, health, and chronic pain. It is a well-written and informative book that will help to dispel the myths and stigma surrounding migraine." - Kathie Borgenicht, Executive Director of the National Headache Foundation

Free Download Your Copy Today

Migraine: The Politics of Gender and Health is available now from all major booksellers. Free Download your copy today and learn more about this important topic.

****Image Alt Attributes:****

* ****Image 1:**** A woman holding her head in pain, with the words "Migraine: The Politics of Gender and Health" superimposed on the image. * ****Image 2:**** A group of women talking and laughing, with the words "Migraine: The Politics of Gender and Health" superimposed on the image. * ****Image 3:**** A doctor examining a woman's head, with the words "Migraine: The Politics of Gender and Health" superimposed on the image.



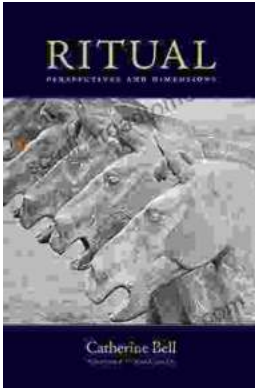
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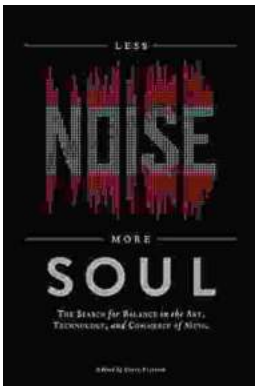
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