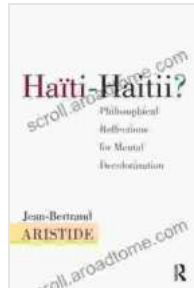


# Haiti Haitii: Philosophical Reflections for Mental Decolonization



## Haiti-Haitii: Philosophical Reflections for Mental Decolonization

by Jean-Bertrand Aristide

★★★★★ 5 out of 5



In the wake of the devastating 2010 earthquake in Haiti, a group of Haitian intellectuals and activists came together to reflect on the philosophical implications of the disaster. The result is *Haiti Haitii: Philosophical Reflections for Mental Decolonization*, a groundbreaking collection of essays that explores the ways in which Haiti's history of colonialism and racism have shaped the mental health of its people.

The essays in *Haiti Haitii* cover a wide range of topics, from the history of mental illness in Haiti to the role of traditional Haitian healing practices in promoting mental health. The authors argue that mental decolonization is essential for the liberation of Haiti and its people. They call for a new understanding of mental health that is based on the experiences and perspectives of Haitians themselves.

Haiti Haitii is a powerful and important book that offers a unique perspective on the mental health challenges facing Haiti and other post-colonial societies. The essays in this collection provide a much-needed starting point for a new conversation about mental health and decolonization.

## **Decolonizing the Mind**

The process of decolonization is not simply a matter of political and economic liberation. It is also a process of mental decolonization, of freeing the mind from the harmful ideas and beliefs that have been imposed by colonialism. For Haitians, this process of mental decolonization is essential for achieving true liberation.

The essays in Haiti Haitii explore the different ways in which colonialism has shaped the mental health of Haitians. The authors argue that colonialism has created a sense of inferiority in Haitians, leading them to believe that they are not capable of achieving success. This sense of inferiority has been reinforced by the racism that Haitians have faced both in Haiti and abroad.

The authors in Haiti Haitii call for a new understanding of mental health that is based on the experiences and perspectives of Haitians themselves. They argue that traditional Haitian healing practices can play an important role in promoting mental health. These practices are based on the belief that illness is caused by a disruption in the balance of the body, mind, and spirit. Traditional Haitian healers use a variety of methods to restore balance, including herbal remedies, massage, and spiritual rituals.

## **The Future of Mental Health in Haiti**

The future of mental health in Haiti is uncertain. The country is still struggling to recover from the devastating 2010 earthquake, and the mental health system is severely underfunded. However, there is a growing movement of Haitian intellectuals and activists who are working to promote mental health and decolonization. These activists are working to create new mental health services that are based on the needs of Haitians themselves.

The essays in *Haiti Haitii* provide a roadmap for the future of mental health in Haiti. The authors call for a new understanding of mental health that is based on the experiences and perspectives of Haitians themselves. They argue that traditional Haitian healing practices can play an important role in promoting mental health. And they call for the creation of new mental health services that are accessible to all Haitians.

*Haiti Haitii* is a powerful and important book that offers a unique perspective on the mental health challenges facing Haiti and other post-colonial societies. The essays in this collection provide a much-needed starting point for a new conversation about mental health and decolonization.

### **About the Authors**

1. Patrick Bellegarde-Smith is a Haitian-American philosopher and activist. He is the author of several books, including *Haiti: The Break of Dawn* (2010) and *Decolonizing the Mind* (2012).
2. Jean-Luc Chenet is a Haitian psychologist and psychoanalyst. He is the director of the Centre de Santé Mentale de Port-au-Prince, the only public mental health clinic in Haiti.

3. Nadine Magloire is a Haitian-American psychologist and activist. She is the co-founder of the Haitian Mental Health Network, a non-profit organization that provides mental health services to Haitians in the United States.

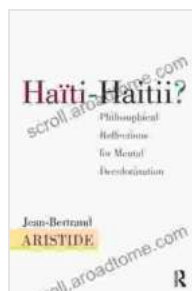
## Reviews

"Haiti Haitii is a groundbreaking collection of essays that explores the ways in which Haiti's history of colonialism and racism have shaped the mental health of its people. The authors argue that mental decolonization is essential for the liberation of Haiti and its people. This book is a must-read for anyone interested in mental health, decolonization, or Haiti."

### - **Dr. Dady Chery, author of We Have Dared to Be Free: Haiti's Struggle for Liberation**

"Haiti Haitii is a powerful and important book that offers a unique perspective on the mental health challenges facing Haiti and other post-colonial societies. The essays in this collection provide a much-needed starting point for a new conversation about mental health and decolonization."

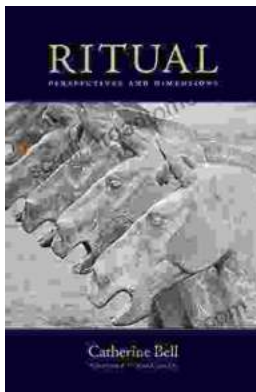
### - **Dr. Marie Jean-Baptiste, author of Hospital**



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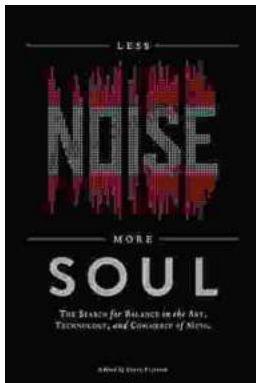
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