## Ageing and Increasing Populations in the Low Rise City

The world's population is ageing. In 2019, there were 900 million people aged 65 or over, and this number is projected to reach 2.1 billion by 2050. This ageing population is having a significant impact on cities around the world, particularly in low rise cities.

Low rise cities are characterized by their low-rise buildings, often with a mix of residential, commercial, and industrial uses. These cities are often found in developing countries, where the population is growing rapidly. As the population ages, these cities are facing a number of challenges, including:

- Increasing demand for housing and healthcare services
- Declining workforce
- Rising crime rates
- Social isolation

However, ageing populations also present opportunities for low rise cities. For example, older people can:



#### Suburbia Reimagined: Ageing and Increasing Populations in the Low-Rise City by Ivan Antic

★★★★★ 4.4 out of 5
Language : English
File size : 19145 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled



- Provide experience and wisdom to the community
- Volunteer their time to help others
- Start new businesses
- Drive economic growth

This book explores the challenges and opportunities of ageing and increasing populations in low rise cities, drawing on case studies from around the world. These case studies include:

- Tokyo, Japan: Tokyo is one of the most age-friendly cities in the world. The city has a number of programs and services that support older people, including:
  - A universal healthcare system that provides free or low-cost healthcare to all residents
  - A network of community centers that offer a variety of programs and services for older people
  - A transportation system that is accessible to older people
- London, United Kingdom: London is another age-friendly city. The city has a number of programs and services that support older people, including:
  - A free bus pass for older people

- A network of community centers that offer a variety of programs and services for older people
- A telephone befriending service that connects older people with volunteers who provide companionship and support
- São Paulo, Brazil: São Paulo is a rapidly growing city with a large and growing population of older people. The city is facing a number of challenges, including:
  - A lack of affordable housing for older people
  - A declining workforce
  - Rising crime rates
  - Social isolation

However, São Paulo is also making progress in addressing the challenges of ageing. The city has a number of programs and services that support older people, including:

\* A free bus pass for older people \* A network of community centers

The ageing of the population is a global trend that is having a significant impact on cities around the world. Low rise cities are particularly vulnerable to the challenges of ageing, but they also have the potential to benefit from the opportunities that ageing populations present.

This book provides a comprehensive overview of the challenges and opportunities of ageing and increasing populations in low rise cities. The

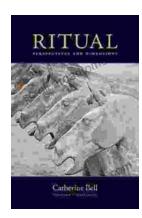
case studies in this book provide valuable insights into how different cities are addressing the challenges of ageing. This book is a must-read for anyone who is interested in the future of low rise cities.



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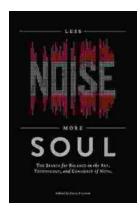
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