

40 Delicious Smoothie Recipes To Cleanse And Assist With Weight Loss

Are you looking for a way to cleanse your body and lose weight? If so, then you need to check out our new book, 40 Delicious Smoothie Recipes To Cleanse And Assist With Weight Loss.

This book is packed with delicious and nutritious smoothie recipes that will help you reach your goals. With a variety of flavors and ingredients to choose from, you're sure to find a smoothie that you'll love.



The Dr. Sebi Alkaline Diet Book: 40 Delicious Smoothie Recipes to Cleanse and Assist with Weight Loss by Following an Alkaline Diet via Nutritional Guide by Carol Waters

★★★★☆ 4.2 out of 5



Our smoothies are made with whole fruits, vegetables, and other healthy ingredients. They're a great way to get your daily dose of vitamins, minerals, and antioxidants.

In addition to being delicious and nutritious, our smoothies are also very filling. They'll help you feel satisfied and reduce your cravings for unhealthy foods.

If you're serious about cleansing your body and losing weight, then you need to Free Download your copy of 40 Delicious Smoothie Recipes To Cleanse And Assist With Weight Loss today.

Here's a sneak peek at some of the recipes you'll find in the book:

- Green Detox Smoothie
- Berry Blast Smoothie
- Tropical Smoothie
- Chocolate Peanut Butter Smoothie
- Vanilla Bean Smoothie

Free Download your copy of 40 Delicious Smoothie Recipes To Cleanse And Assist With Weight Loss today and start enjoying the benefits of healthy smoothies!

REFRESHING DETOX SMOOTHIE

*and water

by @eira.smoothie



1 medium size apple



1 cup spinach



1/2 banana



lemon juice



2 tbs flax seeds



celery stalk

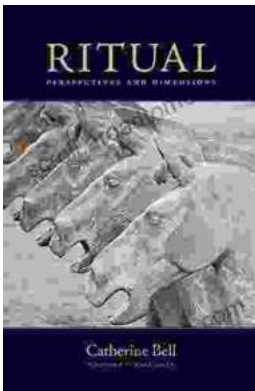
170 calories



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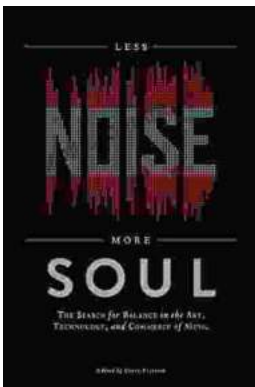
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